



## *Retreat Preparation*

### **Before your retreat, you'll need to...**

1. Pick your **topic** and **book** for the NEXT session and make sure it's in your hands or the hands of your ladies. At the end of the retreat, you'll give each of your mentees handouts of their homework assignments and the book for next month's topic.
2. Print out enough copies of the **mentee homework handout and all other handouts referred to in the homework assignments** for NEXT MONTH'S session. Also available to print out is the **Search My Heart** handout to use at the retreat.
3. Prepare **your retreat location** where the group will gather.
4. Plan your agenda and lay out your **timeline** for the session.
5. For single women's groups (optional for married groups): Prepare the **Peer Challenge Assignment** pairings for your group.

### **Retreat Options**

**Nothing takes the place of time away for women to get comfortable with each other.** Aim for a Friday evening thru Sunday morning retreat. If calendars can't be synced for a whole weekend, then schedule a *24-hour overnight retreat*. If neither of those is doable from a calendar perspective, then schedule a half-day "Story Day" on Saturday or Sunday—allow for approximately 4 hours for them to share their faith stories, take breaks, etc. A weekend retreat or overnight retreat would include the session meeting for that month, since you will be covering the homework materials at the retreat. If you're only able to schedule the "Story Day", then you will also need to schedule another time for your monthly session.

### **Pray**

Pray for each of your women. Get into the habit of praying for each of your women every day. Ask God to reveal Himself in a wonderful way to each woman during the retreat and for His Spirit to build a true sense of fellowship and sisterhood among the women.