



## ***Tips for 1:1 Meetings***

The purpose of your one-on-one meetings with your mentee is to build a more personal relationship with her. If possible, meeting with each woman before your launch night is ideal. After that, meeting one-on-one once a quarter will give each woman time to talk about things that she might not feel comfortable talking about in the group or there's not enough time to talk in the group about specific issues in her life.

### **Before Launch Night One-on-One Meeting**

This one-on-one meeting is for the purpose of your mentee to meet you and feel more comfortable with you before the first meeting, allow you to get to know her a little to make sure this is a good time in her life with everything else she already has going on, and to make sure she understands the commitments she is making by participating.

Here are some helps for your one-on-one meeting:

1. Ask her to share a little about herself, e.g., family, growing-up years, job (if working), commitments and activities she is involved in.
2. Share a little about yourself. However, you don't have to go into much detail because you'll be sharing your story on the launch night.
3. Discuss:
  - What she desires for God to do in her life through this year together
  - Her expectations of you as a mentor
  - Time margin in her life
  - Commitments for participating:

Monthly meetings

Monthly assignments which include reading a book, memorizing scripture and marriage exercises to encourage communication with her spouse (married women) and peer exercise to encourage building community and accountability with other women

Weekend retreat within the first two months

Launch night at your home

4. Bring a copy of the *Mentee Covenant and Assignments for Launch Night* when you meet. You have copies of the assignment sheet for each of your women you can download. They should have their own copy of the covenant. This is your copy of the covenant for you to go over with her.
5. Look at the *Mentee Covenant* together and make sure she understands the commitment she is making. Remind her to bring it to the launch night signed by both her and her husband.

### **One-on-one Meetings During the Year**

By now, you've seen her in the group setting, you've heard her story, and she has heard yours. Now you're going to focus all your energy on this one woman for an hour or so AND you're going to make yourself available JUST to her, in private, for an hour or so.

#### 1. Plan

Set a place and time that will work for both of your schedules. If she has young children and cannot get a babysitter, either go to her house during nap time or meet somewhere where there is a playground to occupy the child while you talk.

#### 2. Prepare

Set aside time before your scheduled meeting to read over the mentee's application, expectations of the group, and her testimony. Refresh yourself on everything you have learned about her so far.

Jot down any questions that jump out to you from your review.

#### 3. Pray

For this woman and your meeting, asking the Lord to take over and do what He wants to do. Ask the Lord to fill your heart with love for her and to give you ears to hear what she is saying and what is going on deep in her heart, and for wisdom God would want you to share with her.

#### 4. Discussion

Questions you can ask:

- How do you like the group thus far? Is it what you expected? Why or why not?
- How has God using our time together in your life?
- Anything going on in your life that you have not felt free to talk about within the group?

- Any questions you have for me?

Remember, the goal here is to start a personal relationship... a real friendship. If she leaves this time together knowing that you love her, that you listened to her, and maybe you understand her a little better, you've accomplished something huge in building your relationship. The one-on-one is about building a relationship, not about fixing someone or looking for a spot to give advice about—none of that. It's about two women getting to know each other and beginning what will likely be a lifelong friendship.